








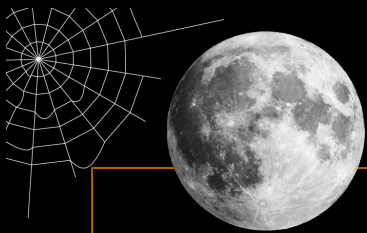




FALL 2022 NEWSLETTER

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SWIMS 2022 Recap

On Monday, September 6, over sixty faculty, students, Housestaff, and staff attended the 2022 Spotlight on Women in Medicine and Science symposium. This year’s theme was “Advancing Your Career”.

Featured speaker Dr. Anees Chagpar, Professor of Surgery at Yale School of Medicine, offered an engaging presentation titled “Negotiation 101: Growing the pie, and getting your fair share”

This was followed by Drs. Heidi Sallee and Aline Tanios, both WIMS subcommittee chairs, giving updates on upcoming WIMS Programming and the Women Mentoring Women Program.

SOM Dean Christine Jacobs headlined this year’s senior faculty presentation sharing the professional lessons she’s learned in her growth as a leader.

To conclude the day’s events, Dr. Michelle Baliss, Housestaff Resident in Internal Medicine at SLU SOM, shared her expertise in “Using Social Media for Professional Advancement”.

The success of WIMS and SWIMS would not be achieved without the support of many people. However, special thanks to the following individuals for their contributions to the success of this year’s event:

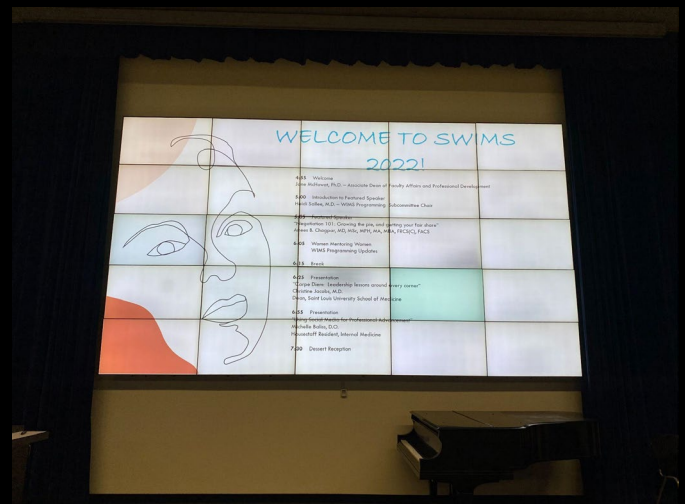
❖ Heidi Sallee

❖ Christine Hachem

❖ Michelle Baliss

❖ Aline Tanios

❖ Christine Jacobs



Upcoming WIMS Learning & Networking Opportunities

The SLU Women in Medicine and Science group is excited to announce two new learning and networking series this academic year:

WIMS Lunchtime Speaker Series & WIMS Evening Speaker Series

The WIMS Lunchtime Speaker Series will occur monthly from 12:15 - 1:00 PM and the WIMS Evening Speaker Series will occur monthly from 5:30 - 7:00 PM. Find RSVP details for the most upcoming events and a full schedule below. Specific location details and RSVPs for future events will arrive at a later date.

See you there!

Title: Policing of Intimate Partner Violence
Date & Time: October 12, 2022, 5:30 - 7:00 PM
Location: Learning Resource Center, Room 112/113
Presenter: Gretchen Arnold Ph.D., Women's and Gender Studies, SLU

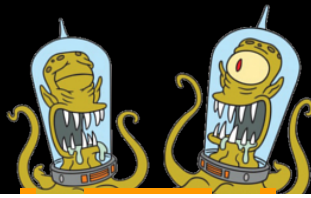
[RSVP Link](#)

Title: Being With & For Each Other in Academic Med. through the Promotion Process
Date & Time: October 19, 2022, 12:15 - 1:00 PM
Location: Learning Resource Center, Room 110
Presenters: Katherine Mathews, M.D., Professor, OBGYN
Heidi Sallee, M.D., Professor, Pediatrics

[RSVP Link](#)

[ZOOM Link](#)





WIMS Luchtime Speaker Series

2022-2023

Saint Louis University School of Medicine

All programs are scheduled from 12:15 - 1:00PM

Date & Location	Topic	Presenter(s)
October 19	Being With and For Each Other in Academic Medicine through the Promotion Process	Katherine Mathews, M.D. Heidi Sallee, M.D.
November 10	Preparing Your CV: A Conversation	Jane McHowat, Ph.D. Heidi Sallee, M.D. Aline Tanios, M.D.
December 14	Wellness	Lauren Schwarz, Ph.D.
January 20	Making the Annual Review Work for You	Susan Heaney, M.D. Jane McHowat, Ph.D. Mary McLennan, M.D.
February 14	Promotion Process and Preparation	Jane McHowat, Ph.D.
March 15	Research Support	Leslie Hinyard, Ph.D.
April 11	Educational Scholarship	Alicia Barnes, D.O.
May 18	Writing	Dina Calamur, M.D.



WIMS Evening Speaker Series

2022-2023

Saint Louis University School of Medicine

All programs are scheduled from 5:30-7:00 PM

Date & Location	Program	Presenter(s)
October 12	Policing of Intimate Partner Violence	Gretchen Arnold Ph.D. Women's and Gender Studies, Saint Louis University
November 16	Gender Equity in Medicine	Rakhee Bhayani, M.D. Associate Professor of Medicine Director, Forum for Women in Medicine, Division of General Medicine, Washington University
December 7	Painting with a Twist!	---
January 12	Philosophy of Biology/History and Philosophy of Medicine	Anya Plutynski, Ph.D. Philosophy, Washington University
February	Self-assessment: Strength Based Career Planning	Laura Grimmer, M.D.
March	Sasha's	---
April	Examining the experience of African Americans with discrimination, and mental health/Diversity in Higher Education and Intergroup Relations	Kira Banks, Ph.D. Psychology, Saint Louis University
May	Day of Service	



A Spooky Story from SLU

In celebration of the month of October, please enjoy this in-depth look at Saint Louis University's part in the most famous exorcism of the 20th century. The following feature is an edited version of the article written by Amy Garland that originally appeared in the Spring 2014 issue of *Universitas* magazine.



"Without a doubt, the topic I'm asked about most frequently is the exorcism," said John Waide. "I get more requests around Halloween, but it's a popular question year-round."

Waide (A&S '73) has worked at Pius XII Memorial Library for 40 years and was the University archivist for more than two decades. He knows SLU history forwards and backwards. So it's a little unsettling when he begins the story of the 1949 exorcism by acknowledging, "There are dozens of versions of what happened."

Don't even think about consulting William Peter Blatty's 1971 book *The Exorcist* or the 1973 film it became. The version Waide puts the most stock in is Thomas B. Allen's *Possessed: The True Story of an Exorcism*, a historical account based on two primary sources: a detailed diary kept by Raymond Bishop, S.J., who assisted during the rite, and lengthy interviews with Walter Halloran, S.J., another assistant who was one of the last living eyewitnesses to the exorcism.

In 1949, Halloran was a Jesuit scholastic studying history at Saint Louis University. He also happened to be a driver for William Bowdern, S.J., then the pastor of St. Francis Xavier College Church. One night, Bowdern asked Halloran to drive him and another Jesuit to dinner at a home in a northwest St. Louis suburb. Halloran had no idea what he was getting into.

"He thought he'd be waiting outside, but when they pulled up to the house, Bowdern turned to him and said calmly, 'I'll be doing an exorcism. I want you to hold the boy down in case it's needed,'" Allen said.

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In January 1949, a 13-year-old Maryland boy -- not the 12-year-old girl depicted in *The Exorcist* -- started experiencing strange, troublesome episodes: scratching sounds coming from the walls and floor of his room, the sound of water dripping, movement of a mattress and other objects. At first, his family thought he might have been plagued by the spirit of a recently deceased aunt, who had introduced the boy to the Ouija board. The family consulted physicians, psychiatrists and a minister from their Lutheran church. They grew desperate as the situation worsened.

"They go to Rev. Luther Miles Schulze, a Lutheran minister who happened to be greatly interested in the paranormal, as it was called at that time, and he said, 'Go to a Catholic priest; the Catholics know about this kind of thing,'" Allen said.

Hughes later asked the arch-bishop of Washington, D.C., for permission to perform an exorcism on the boy. That attempt ended when the boy broke off a piece of a spring from the mattress he was strapped to and slashed Hughes "from shoulder to wrist," Allen said.

The boy's mother, a St. Louis native, suggested a change of scenery. After several incidents of scratches appearing on the boy's body without apparent cause, the word "LOUIS" emerged on his rib cage. The family took this as confirmation: They should take the boy to St. Louis.

The boy ended up staying in a house with a relative who had attended Saint Louis University. One of her professors was Father Bishop, who became one of several Jesuits to participate in the exorcism and kept the day-by-day account on which Allen's book is based. Bishop talked to his friend William Bowdern, S.J. After both men consulted with Paul Reinert, S.J., then president of Saint Louis University, and St. Louis Archbishop Joseph Ritter, all agreed that an exorcism would be performed according to the Roman Ritual. It was something that Bowdern, who was chosen to be the lead exorcist, knew little about.

"Father Halloran said the first thing Bowdern did was hit the books," Allen said. "He would have learned something about it while becoming a Jesuit, but there isn't much call for exorcism to the modern-day priest. But Bowdern was a veteran of World War II, he'd been in combat -- so he was a combination of a religious man who was very tough."

The process ended up taking more than a month, during which Bowdern fasted. Several priests, Alexian Brothers and family members participated in or witnessed the rite, which always began in the evening.

The exorcism continued on almost a nightly basis, even though the boy seemed to be getting worse. The priests asked his family for permission to teach him about Catholicism and convert him as a way to strengthen the fight against the supposed demonic possession. As he got closer to conversion and making his first holy Communion, his episodes became increasingly violent.

On April 18, the day after Easter Sunday, the exorcism appeared to have succeeded. An entry from Bishop's diary reads: "Since Monday at 11 p.m. there have been no indications of the presence of the devil."

The boy left St. Louis several days later and went on to lead an otherwise normal life; he married around 1970, had children and never experienced anything like possession again, according to the Jesuits and Alexians who "kept track of him," Allen said.



Faculty Assembly Updates

Shared by T. Scott Isbell PhD, President, SOM Faculty Assembly

At the October general meeting of the SOM Faculty Assembly, I presented a proposal to create a SOM faculty manual separate and independent from the existing University level faculty manual. Once approved a SOM faculty manual would serve as the official agreement between the faculty within the SOM and the University. The rationale given for this proposal was based on the following observations:

- Current University Faculty Manual historically has many exceptions for SOM faculty.
- Examples: appointment letter issue dates, tenure track probationary period, time in rank before promotion, provisions for extramural activities, section III.G.7 pertains only to SOM faculty, budget approvals (SOM does not go to Provost), chair appointments are not three-year terms, appointments are year-round, some sections could be removed completely as they don't apply to SOM faculty
- SSM acquisition of SLUCare has resulted in a greater number of exceptions for clinical faculty members.
- Examples: childcare leaves, tuition remission, faculty benefits, leaves of absence, non-renewal notification periods,
- Revising current faculty manual would be very cumbersome and take a long time using the required amendment process.

I argue that we, all the faculty of the SOM, need a manual that best describes the unique roles we play as researchers, educators, trainers, and clinicians. We have an opportunity to work together with our institutional leaders to enshrine within this new document the academic rights, privileges, expectations, and values required to ensure the continued execution of the SOM mission. The Dean, the Provost, the President of the Faculty Senate, and the President Elect of the Faculty Senate have all expressed support for this initiative.

The development of a SOM faculty manual must be driven by the faculty. To that end I have been asked by the Provost and the Senate President to first determine the level of support for this proposal from you. Within the next couple of weeks please be on the lookout for a poll from the Office of Faculty Affairs and Professional Development. I will be asking you to weigh in on the proposal for a SOM Faculty Manual.

Lastly, I want to remind you that the SOM Faculty Assembly meets virtually each month on the 4th Thursday of the month from 5-6PM. These monthly general meetings are where

important issues related to faculty life are discussed. I hope to hear your input at the next meeting.

Respectfully,

T. Scott Isbell PhD



CME Corner



Unsure of CME offered activities? Would you like to see what is available to attend? View our website for a list of upcoming activities that are available to register <https://slu.cloud-cme.com>

Would you like more information on CME and offering CME for future programs? Reach out to CME Program Director, Amanda Sain, for more information! She can be reached at amanda.sain@health.slu.edu or 977-7401

Just in Time Teaching Tool

Northwell Health's Office of Academic Affairs developed a "Just in Time Teaching Tools" (JiTT) app to advance medical education knowledge and teaching skills of students, trainees and faculty. The app is available in the Apple Store.

The JiTT app uses infographics that include foundational teaching principles such as setting expectations, questioning technique, feedback and coaching, and bedside teaching. Specific teaching techniques include content pertaining to internal and family medicine, pediatrics, obstetrics & gynecology, surgery, psychiatry and neurology.

Emeritus Congrats

A special thank you and congratulations to the following individuals for recently obtaining Emeritus faculty status. Your dedication and service to the School of Medicine is recognized and appreciated!

Philip Alderson
G. Chinnadurai

David Griggs
Charlene Prather

Alan Felthous
Ralph Graff
Duane Grandgenett

Farak Sadiq
Sherida Tollefson
Francisco Xynos
L. James Willmore

To learn more about Emeritus status and its benefits, please click [HERE](#).

5 Tips for...Getting the Most Out of Your Conference

As in-person conferences start again, it's time to consider how you can get the most out of the meeting. In-person conferences are a great opportunity to discuss your scholarly activity, network with people with similar interests, and learn about new initiatives. There is always a lot happening at conferences, and it is important to plan ahead so that they don't become overwhelming.

Tips for getting the most out of your conference:

Prepare in advance: Most conferences will send materials in advance. Go through abstracts, explore seminars, check out the exhibitor list and create a schedule. Talk to your colleagues about their schedules and see if they have any recommendations. Include time in your schedule to unwind and socialize. Don't try to attend as many events as possible, or you will be so exhausted that you won't be able to focus on the talks and posters that are most important to you. Take time to relax and explore the sights of the city you are in.

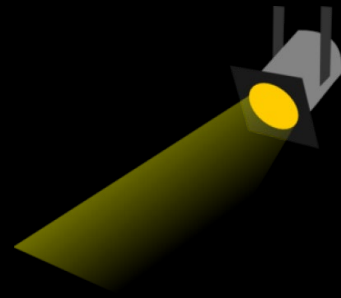
If you are presenting, practice: Practice your talk or poster presentation in front of colleagues if possible. Leave enough time to make changes if needed. This will make you feel more confident on the day of presentation. For posters, aim to have a short walkthrough that is 5 minutes or less. Skip some talks to be rested for your own session.

Network: Use free time to network. Talk to people during coffee breaks. Attend conference social events. Prepare your elevator pitch of 1-2 sentences for when anyone asks who you are or what you do. This should succinctly summarize what you do and allow opportunity to ask questions to find out more. Join Twitter and use the conference hashtag to connect with other attendees. One of the biggest mistakes that people make at conferences is to hang out with colleagues and miss out on the opportunity to build new connections.

Think comfort: Do NOT wear those brand-new shoes! We've all done it. You will likely be on your feet a lot, whether standing or walking. Wear comfortable shoes and pack lightly. Wear layers to accommodate temperature differences in conference areas. Bring plenty of snacks and water—options can be limited at conferences and lines for food can be long. Pick a hotel that fits your needs, find out if it's quiet and close to the conference.

Take notes: Write down take-home key points after each talk you attend. Record any follow-ups you want to do when you return from the conference to help jog your memory. When you are back from the conference, share points of interest with your colleagues.





Faculty Spotlight

Dr. Kaitlin Farrell, M.D., is an Assistant Professor and board certified general surgeon specializing in care for women with breast cancer and benign breast disease.



How long have you worked at SLU?

I started residency at SLU in 2012 and graduated in 2017. I left for a year to do a breast surgical oncology fellowship and returned in 2018.

Why did you want to become a doctor and what is your favorite part of the job?

I have wanted to become a doctor for as long as I can remember. A close friend's mom had breast cancer when we were young, and I think that impacted me later although I didn't realize it at the time.

My favorite part of my job is by far the patients. I feel so privileged and profoundly grateful to be able to have a small part in their care. I also love the other people I work with every day.

So far in your career, what do you consider to be your greatest achievement?

It sounds simple, but honestly just being able to see patients a few years after treatment for cancer when they are doing well and are so grateful for being back to doing everything they want to do. There's nothing like it.

Another part of my job is the surgery clerkship director for the third year students. I love to watch the students find what they are passionate about (even if it's not surgery) and match during their fourth year.

What is the most helpful advice you've received?

Find a job where you love the people you work with - no amount of money will ever make up for that. The people and the patients you care for make the job fulfilling.

If you were stranded on a deserted island, what one band or musician would help keep your sanity?

I don't think I can say a specific one, but I would probably listen to a country music station.

If you could have dinner with one person, living or dead, who would it be?

I would have dinner with my grandfather I never got to meet. I always heard a lot about him, but would have loved to have met him.

If you could only eat one thing for the rest of your life, what would it be?

That's a tough question. I would probably say either pizza or white bean hummus from Louie.

What book are you currently reading?
A patient recently lent me "Three Sisters" by Heather Morris, so I plan to start that book soon.