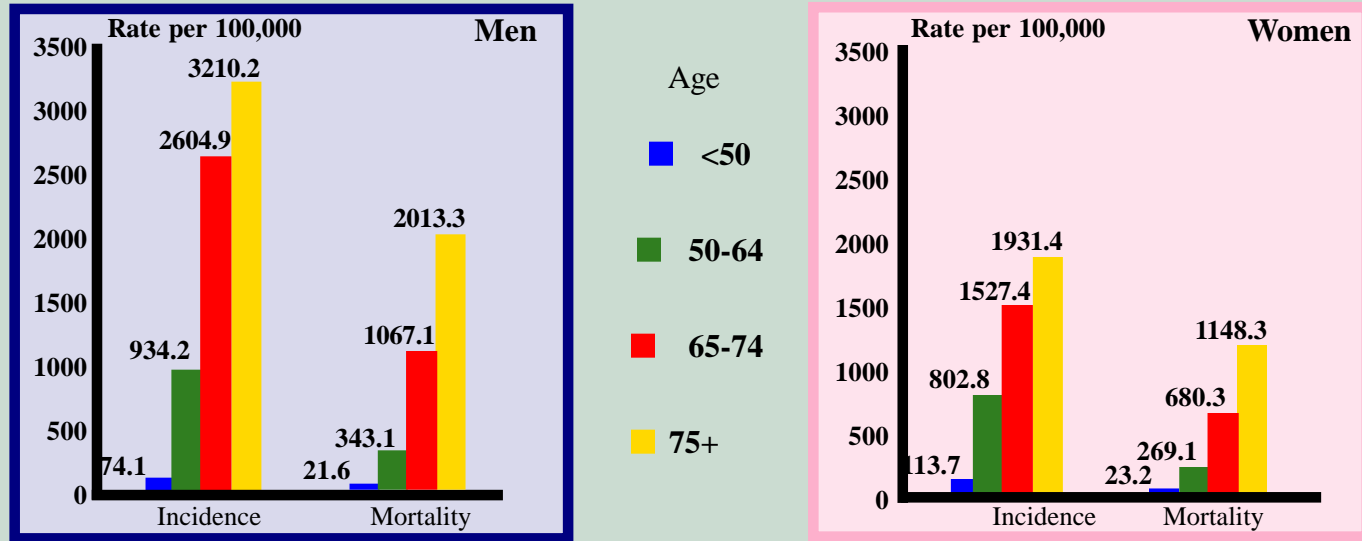


# Cancer in Older Persons: Common, Preventable, and Often Treatable

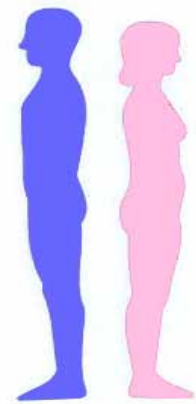
Aging is associated with increasing numbers of new cancers and cancer deaths

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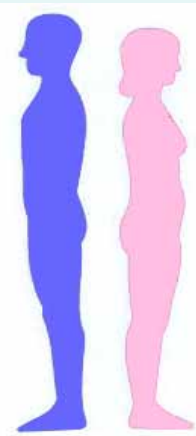
## Cancer in Men and Women Aged 75 and Over

### Deaths



Lung 27%	20% Lung
Prostate 20%	15% Colorectal
Colorectal 11%	13% Breast
Pancreas 4%	7% Pancreas
Non-Hodgkin Lymphoma 4%	5% Non-Hodgkin Lymphoma
Leukemias 4%	4% Leukemias
Bladder 4%	3% Stomach
Stomach 3%	2% Bladder

### New Cases



Prostate 28%	24% Breast
Lung 17%	19% Colorectal
Colorectal 15%	13% Lung
Bladder 9%	5% Uterus
Non-Hodgkin Lymphoma 3%	4% Non-Hodgkin Lymphoma
Leukemia 3%	4% Pancreas
Pancreas 3%	4% Bladder
Stomach 3%	3% Leukemia
	2% Stomach

## Cancer Prevention

Don't smoke or chew tobacco

Use sunblock and a hat

Increase physical activity

Eat fruits and vegetables

Avoid being overweight

Check stool for blood yearly

Check breasts for lumps and have regular mammograms

Have regular prostate checks

Have regular pelvic exams and discuss with your doctor the need for Pap smears.



## Signs of Possible Cancer

- C**hange in bowel or bladder habits
- A**sore that does not heal
- U**nusual bleeding or discharge
- T**hickening or lump in breast or elsewhere
- I**ndigestion or difficulty in swallowing
- O**bvious change in wart or mole
- N**agging cough or hoarseness

If you have any of these symptoms, talk to your doctor.

CAUTION is From the American Cancer Society.

